

STEPPING INTO INTERNSHIPS

- Experience
- Confidence
- Networks



"The biggest thing I wanted was a dose of confidence. I wanted more experience of how people work together. I'm a people person and Stepping Into has matured my ability to communicate with people and work in a team."

Georga (pictured), intern, NSW Department of Family and Community Services (FACS)



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**AUSTRALIAN
NETWORK
ON DISABILITY**

STEPPING INTO INTERNSHIPS

“The best predictor for young people with disability having lifelong work is whether they had a summer job.”

Senator Harkin, at the Global Disability Employment Summit.

With the Australian Network on Disability (AND)'s Stepping Into Internship you'll get paid, hands-on work experience, grow your self-confidence and build your network of contacts, while you study. The program will make it easier for you to transition from study to employment.

Eligibility

If you are a university student with disability in your second last or final year of study; and you are registered with your university's disability support service, or can provide valid medical information, you may be eligible. See our website for more.

About

The highly successful Stepping Into Internships program was developed by AND in collaboration with employers who are actively seeking university students with disability for internship paid roles.

There are opportunities in various disciplines at prestigious private and public-sector organisations across Australia. These sought-after organisations provide an accessible and inclusive working and learning environment.

How it works

Stepping Into Internships run for a minimum 152 hours (four weeks, if working full time).

After you apply, you'll meet with AND to talk about your skills, abilities and interests. You can also discuss any workplace adjustments, and get advice on how

to share disability-related information with employers so they can support you to perform at your best.

If you are shortlisted for the next stage, you'll be invited to an interview with the host employer. This is your time to shine.

Successful applicants will receive support and guidance from AND throughout the placement. You'll also be able to access the Stepping Into Internships alumni network and events hosted by AND.

If you don't get selected, you'll get expert feedback on your application that will support you with future applications. You can also consider applying for AND's PACE Mentoring program, which links you with an experienced professional to guide you to further develop your employability skills.

Benefits

There are many benefits to taking part in a Stepping Into Internship:

- Gain valuable career-relevant work experience.
- Learn new skills to enhance your resume.
- Grow your knowledge of your chosen industry and get 'a foot in the door'.
- Develop networking and social skills in a professional environment.
- Improve your job application and interview techniques.
- Preview a job or workplace to see if it is right for you.
- Receive support throughout the program.

How to apply

Internship opportunities are advertised in March for the winter semester break and August for the summer semester break.

Other opportunities may be advertised throughout the year. Stay in touch by visiting our website and following us on Facebook.

Australian Network on Disability

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www.and.org.au | applications@and.org.au

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