## My Care Plan Wallet Cards

*Instructions*: Cut out each card, fold along the dotted line and laminate or tape edges.

MY CARE PLAN	MY CARE PLAN
My warning signs	Things that don't help
, 5 5	
Things I can do that help	My Support People
Triings i can do that neip	liviy support reopie
MY CARE PLAN	MY CARE PLAN
My warning signs	Things that don't help
Things I can do that help	My Support People
·····go · can ac allecticip	
	i i
MY CARE PLAN	MY CARE PLAN
My warning signs	Things that don't help
Things I can do that help	My Support People
MY CARE PLAN My warning signs	MY CARE PLAN Things that don't help
wiy warning signs	Trinigs that don't help
This could be the test of	M. C. wood P.
Things I can do that help	My Support People
	i