



**UNIVERSITY  
OF WOLLONGONG  
AUSTRALIA**

**STUDENT NAME:** Example Student

**STUDENT NUMBER:** 123456

The University of Wollongong’s Official Co-Curricular Record provides an overview of transformative activities that a student has engaged with outside of their academic experience. The students’ involvement in these activities have been verified by University staff and endorsed as extending the students learning or providing service to the University and the community.

YEAR	ACTIVITY-POSITION	LEVEL OF ENGAGEMENT	SKILLS DEVELOPED
2020 2018	Advancement Student Caller  Advancement Student Callers work as a team to fundraise for equity based scholarships at UOW. In this role, students have conversations with UOW Alumni over the phone where they build rapport, share UOW’s latest news and initiatives and seek support from the University’s Alumni community.	40 Hours Engaged	- Communication - Emotional Intelligence - Fundraising - Negotiation
2020	Employability Skills Workshop Series Careers Central  Employability Skills Workshop Series participants have attended a series of interactive workshops that focus on skill development and employability. In these workshops, they develop core skills that enhance their employability in the current and future job markets.	Completed Workshops Highly engaged	- Communication - Organisation - Self-Awareness - Employability - Problem Solving
2020	External Academic Conference  The student has sought out an opportunity to attend a conference or similar with an organisation external to the University of Wollongong. They have displayed a dedication to further learning and gained additional knowledge and skills in their academic area while developing their networking skills.	Completed Activity Engaged	- Active Listening - Communication - Academic Knowledge - Networking
2020	External Academic Workshop  The student has sought out an opportunity to participate in a workshop or similar with an organisation external to the University of Wollongong. They have displayed a dedication to further learning and gained additional knowledge and skills in their academic area.	Completed Activity Highly engaged	- Active Listening - Communication - Academic Knowledge - Networking

**KEY**

Where relevant the record will include the total number of hours or average attendance. To provide context, the program staff have also provided a rating of the students’ engagement.

Highly engaged - An exceptional student who has gone above and beyond in their contribution to the program

Engaged - A student who has actively met the requirements of the program



**UNIVERSITY  
OF WOLLONGONG  
AUSTRALIA**

**STUDENT NAME:** Example Student

**STUDENT NUMBER:** 123456

YEAR	ACTIVITY-POSITION	LEVEL OF ENGAGEMENT	SKILLS DEVELOPED
2020 2019 2018	Girl Guide Volunteer		
2020 2019 2018	Girl Guide volunteers assist the Unit Leaders in upholding youth welfare. Volunteers help with looking out for the wellbeing and safety of the Girl Guides during meeting times, and assist the Unit Leader with program preparation and delivery on a weekly basis.	61 Hours Engaged	- Communication - Interpersonal - Organisation - Problem Solving - Teamwork
2020 2018	Global Communicators Program Participant		
2020 2018	Global Communicators Program Participants have attended sessions that enable them to form intercultural friendships, build cultural literacy and become global citizens. In these sessions, through conversations participants are encouraged to build friendships with each other and share experiences.	39 Hours Highly engaged	- Communication - Intercultural Awareness - Networking
2020 2019	Indigenous Guided Peer Support (GPS) Program Peer Guide		
2020 2019	The Indigenous Guided Peer Support (GPS) program aims to provide first year Indigenous students with an Indigenous Peer Guide to help them navigate through the initial stages of university life. In this role, Peer Guides meet with their students in the first four weeks of session to provide them with the tools to navigate university and enhance their overall experience.	Completed Program Highly engaged	- Communication - Adaptability - Time Management
2020	International House Senior Student Leader		
2020	Senior student leaders in UOW accommodation are responsible for managing the team of student leaders, providing advice and assistance, maintaining order, and fostering a strong and supportive sense of community. The Senior Student Leaders are also responsible for coordinating and implementing activities and events.	Completed Role Highly engaged	- Interpersonal - Leadership - Cultural Awareness - Emotional Intelligence - Problem Solving



**UNIVERSITY  
OF WOLLONGONG  
AUSTRALIA**

**STUDENT NAME:** Example Student

**STUDENT NUMBER:** 123456

YEAR	ACTIVITY-POSITION	LEVEL OF ENGAGEMENT	SKILLS DEVELOPED
2020	UOW PitchX Participant  UOW PitchX is a reverse pitching competition. In this program, participants are encouraged to submit terrible ideas and then will go on to form teams, further developing the idea, attending pitch training, design thinking workshops, collaborative meetings and then compete on stage in a large final event, presenting their terrible idea to a judging panel.	Completed Program Engaged	- Communication - Innovation - Presentation - Collaboration - Self-Awareness
2019	External Leadership Seminar  The student has sought out an opportunity to attend a seminar or similar with an organisation external to the University of Wollongong. They have displayed a dedication to further learning and gained additional knowledge and skills in Leadership.	Completed Activity Highly engaged	- Active Listening - Communication - Leadership - Networking
2019	International House Student Leader  Student Leaders in UOW accommodation make an important contribution to the residential community. The role of a Student Leader is to provide support, advice and assistance to students in residences and to promote the wellbeing of all residents. This is done through creating programs, building community, and organising events that support UOW's positive residence program.	Completed Role Highly engaged	- Interpersonal - Leadership - Coaching - Cultural Awareness - Emotional Intelligence
2018 2017	Wellness Workshop Series UniLife  Wellness Workshop Series participants have attended a series of interactive workshops that focus on skill development and wellness. In these workshops, they develop a combination of skills that can be used for personal growth and development alongside skills they can offer in the workplace to further their career prospects.	Completed Workshops Engaged	- Communication - Creativity - Emotional Intelligence - Networking - Time Management



**UNIVERSITY  
OF WOLLONGONG  
AUSTRALIA**

**STUDENT NAME:** Example Student

**STUDENT NUMBER:** 123456

YEAR	ACTIVITY-POSITION	LEVEL OF ENGAGEMENT	SKILLS DEVELOPED
2016	Digital Media Ambassador  Digital Media Ambassadors work with the University's Strategic Marketing Unit to contribute and curate content that showcases student experiences at UOW. Content is showcased through digital media platforms such as Facebook, Snapchat and Instagram.	35 Hours Engaged	- Communication - Leadership - Creativity - Marketing - Teamwork
2016	Woolyungah Mentoring Program Participant  The Woolyungah Mentoring Program is a student-led mentoring program that partners Indigenous students with professional Indigenous UOW Alumni. In this program, students demonstrate and apply experiential learning and increase their readiness to enter the workforce through networking and developing their employability skills and industry awareness.	Completed Program Engaged	- Communication - Leadership - Adaptability - Self-Awareness - Time Management
2015	Bega Campus Student Helper  Regional Campus Student Helpers are responsible for providing knowledge and support to new students as they settle into their studies and the campus. In addition, student helpers attend on and off campus events to promote UOW programs of study to prospective students and engage with community.	35 Hours Highly engaged	- Communication - Organisation - Presentation - Problem Solving - Teamwork

**AWARDS**

- 2020 UOWx Award  
The UOWx Award recognises students who have demonstrated a significant commitment to their own personal and professional development alongside transforming UOW and its community. This student has participated in over 100 hours of co-curricular activities and has demonstrated substantial learning in the areas of Leadership, Mentoring, Community Service, Innovation and Creativity, Employability and Global and Cultural Awareness.
- 2020 Collaboration & Communication Award  
This student has undertaken two collaboration and communication related roles, has developed their theoretical understanding of collaboration and communication and reflected on the knowledge and skills they have obtained. This student has clearly demonstrated that they are effective and confident in oral, interpersonal and written communication.



**UNIVERSITY  
OF WOLLONGONG  
AUSTRALIA**

**STUDENT NAME:** Example Student

**STUDENT NUMBER:** 123456

**2020 Innovation & Creativity Award**

This student has undertaken two innovative and creative roles, has developed their theoretical understanding of innovation and creativity and reflected on the knowledge and skills they have obtained. This student has clearly demonstrated that they are a creative thinker, innovative problem solver who has transferable skills.

**2020 Leadership Award**

This student has undertaken two leadership roles, has developed their theoretical understanding of leadership and reflected on the knowledge and skills they have obtained. This student has clearly demonstrated their ability to lead others to achieve a common goal.

**2020 Mentoring & Wellbeing Award**

This student has undertaken two mentoring roles, has developed their theoretical understanding of mentoring and reflected on the knowledge and skills they have obtained. This student has engaged others in education and has developed facilitation, interpersonal and teamwork skills.

**2019 Community & Social Change Award**

This student has undertaken two community and social change related roles, has developed their theoretical understanding of community and social change and reflected on the knowledge and skills they have obtained. This student has clearly demonstrated their sense of belonging at UOW and has worked with others to achieve mutual outcomes that benefit their community.

**2019 Global & Cultural Awareness Award**

This student has undertaken two cultural awareness related roles, has developed their theoretical understanding of global and cultural awareness and reflected on the knowledge and skills they have obtained. This student has clearly demonstrated that they understand diverse cultures and can function as a global citizen who is informed about issues that impact people, society and nations.

————— **End of UOWx Record** —————

Printed on 30th June 2020  
No alterations or erasures